

CARE AFTER  
**AN OTOLAM PROCEDURE**  
**(OPERATING ROOM BASED)**

**GENERAL INFORMATION:**

An Otolam procedure uses a laser to make a small, temporary opening in the eardrum.

**INSTRUCTIONS FOR HOME:**

**Expectations:** A small amount of bleeding and/or drainage may be present for the first few days after the procedure. Since this procedure has been performed with another procedure, recovery will most likely be guided by the other procedure.

**Diet and Activity:** This procedure, when performed in the operating room, is usually combined with another procedure. Please follow the diet and activity instructions as per the additional procedure.

**Ear Care:** Keep the ears dry for 3 days after the procedure. You can do this by inserting cotton saturated with Vaseline in the ear canal when bathing, washing hair, or in the pool.

**Medications:** A prescription for ear drops may be given to you after the procedure. Use the ear drops as directed by the doctor, usually three drops to the ear three times a day for three days. If the drops cause pain or irritability, please discontinue using them. You do not need to notify the office if this occurs.

**Follow-up:** The patient has been scheduled for follow-up in our office according to the schedule of the primary procedure, usually 6-8 weeks. At that visit, the surgeon will evaluate the ears and discuss any further need for treatment. The post-operative appointment is written on your pre-operative scheduling sheet.

If you have any questions, problems, or need to schedule (or re-schedule) an appointment, please contact our office at **362-9730**.