

Pediatric Ear, Nose & Throat Associates (PENTA)

Where every child shines

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PRE-SURGICAL INSTRUCTIONS

Surgery to be performed: _____

Your surgery date/location: _____ WCHOB Other _____

Post operative appointment: _____ WCHOB Other _____

BEFORE SURGERY

FOLLOWING THESE INSTRUCTIONS IS IMPORTANT FOR A SAFE SURGERY!

- The Kaleida Health Call Center will call you 3 days prior to surgery to obtain your demographic/insurance information to streamline your visit the day of surgery.
- You will receive a phone call from the Pediatric ENT department 1-2 days prior to surgery telling you the time to arrive at the hospital and you will be given very specific eating and drinking instructions.
- **DO NOT give your child any aspirin, medications or herbals that have ibuprofen (for example: Motrin, Advil, Aleve, Gingko, Ginseng, Garlic Pills, Aspergum) for the two weeks prior to surgery.** These medications and herbals can cause bleeding problems. **Please use only TYLENOL for pain or fever.**
- NO SOLID FOODS OR MILK PRODUCTS AFTER MIDNIGHT.
- The patient may have clear liquids (water, apple juice and 7-up) only up until four hours before your arrival time. (if you are asked to arrive at 8 a.m., the child may have a small clear liquid drink at 4 a.m.) After that time if he/she drinks anything (including chewing gum), the surgery may be delayed or re-scheduled for another day.

THE MORNING OF SURGERY

- Please report to the Women and Children's Hospital Admissions office located on the first floor of the hospital at the time you are requested to do so.
- You will then be directed to the 9th floor (Same Day Surgery) or the 4th floor (Special Procedures Unit).

If you have any questions or concerns, please call us at (716) 362-9730.