



CARE AFTER FRENULOPLASTY- RELEASE OF TONGUE TIE

GENERAL INFORMATION:

A piece of mucosa (skin in the mouth), and sometimes a tight muscle under the tongue, has been realigned to give your child's tongue better movement. A small suture (stitch) was used to repair the area. It will dissolve on its own and will not need to be removed.

INSTRUCTIONS FOR HOME:

- Expectations:** Most children have very little discomfort. Bleeding or swelling is not expected, so please call if either of these problems occur.
- Diet:** A normal diet may be resumed after discharge.
- Activity:** Normal activities may be resumed after discharge.
- Medications:** Acetaminophen (Tylenol) has been given to your child during the surgery. If discomfort continues, please use Acetaminophen (Tylenol) to treat the pain.
- Follow-up:** The patient has been scheduled for follow-up in our office 4-6 weeks after the surgery. The post-operative appointment is located on your pre-operative scheduling sheet.

If you have any questions, problems, or need to schedule (or reschedule) an appointment, please contact our office at **(716) 362-9730**.