



Why is breastfeeding preferable?

Breastfeeding is the most natural way for a newborn baby to get all the nutrients they need to grow in the first stage of life. Breast milk is easier to digest and gives the baby antibodies to help build the immune system to fight infection.



Also, growth factors in breast milk promote healthy organ development. Babies do not get antibodies or growth factors from baby formula. Breastfeeding is also a good way for the mother and baby to bond to one another. It's cost effective too!

What is a tongue tie?

Sometimes babies are born with a band of tissue under the tongue that does not allow the tongue to move as well as it could. This is a medical condition called ankyloglossia. More commonly it is called a “tongue tie”. Sometimes this causes problems with latching or suckling while breastfeeding. This can lead to poor weight gain and increase maternal discomfort.



What can be done about it?

Depending on the age of the child, different surgical procedures may be recommended. If your baby is under 6 months of age, tongue tie can often be fixed in a single office visit to Pediatric Ear, Nose & Throat Associates with a small procedure called frenotomy.

What is a Frenotomy?

A frenotomy is a procedure that “clips the tongue tie”. This allows normal tongue movement so newborn babies can breastfeed easier. It can be done safely, quickly, and easily right in our office. Afterward, babies can try breastfeeding almost immediately.

How is it done?

First, we apply some topical numbing medicine under the tongue. The tongue tie is then carefully exposed, clamped and cut with surgical scissors. Afterward, a cotton swab is held to the area for a few minutes to stop any bleeding.

Are the parents able to watch?

Most parents choose to be present during this procedure to comfort the baby. Others would rather not and that's okay too. We want the parents to be comfortable as well so it is not required that they be present.

How soon can we be seen?

Very soon! We understand the importance of getting started with breastfeeding as soon as possible, so we try our best to have patients seen as soon as possible. Many patients are seen the same day they call.

Is it covered by insurance?

Yes. In most cases, insurances will cover this procedure and the office visit. The only out-of-pocket expense is your co-pay to see a surgical specialist.

What else does PENTA treat?

We provide a full range of ear, nose and throat services for pediatric and adolescent patients. Some of the other problems we treat include:

- ◆ Recurrent ear & throat infections
- ◆ Chronic nasal congestion/sinusitis
- ◆ Snoring & sleep apnea
- ◆ Esophageal reflux (GERD)
- ◆ Hemangiomas (birth marks)
- ◆ Noisy breathing
- ◆ Feeding problems
- ◆ Hearing problems
- ◆ Speech/language delays
- ◆ Ear wax impaction
- ◆ Allergies
- ◆ Ear & nasal foreign bodies



Two Convenient Office Locations and Two Easy Ways to Schedule an Appointment



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and French Road

Call (716) 362-9730

Business Hours: Monday - Friday 8:00AM - 4:00PM

or

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All Doctors Fellowship Trained and Certified by the American Board of Otolaryngology

Problems with Breastfeeding: It May be a Tongue Tie



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